**The Fast Track Retinal Service**

**Information for patients**

Your optometrist has referred you to the Fast Track Retinal Service at the Royal Free Hospital, in Clinic 3 on the first floor of the Hospital’s main building, which is in Pond Street, London NW3 2QG.

The referral is sent to a dedicated email inbox [rf-tr.amdurgentreferral@nhs.net](mailto:rf-tr.amdurgentreferral@nhs.net) to

be triaged. Then you will be sent an appointment.

**What to bring with you**

When you come to the eye clinic, please remember to bring the following with you to ensure that we can complete all the necessary investigations:

• a list of your current medications

• your current glasses

• any paperwork that the optometrist asked you to bring

• sunglasses – you may need these when you leave.

You should consider having someone with you to ensure you can safely get home in case your sight is slightly blurred for a little while after your appointment.

**Tests and procedures**

First, you will be seen by a member of the ophthalmic team who will measure your distance vision. You may then have eye drops to dilate your pupil. After twenty minutes the drops take effect and can sometimes leave you with slightly blurred eyesight for a few hours. We recommend that you do not drive while your sight is blurred.

Then you will have some pictures taken of the back of the eye.

**What Next?**

The results from your diagnostic test will be reviewed by a specialist and you will then receive a phone call by the specialist to discuss the next stages of your eye health management plan. This will be either to monitor your eye condition or to have treatment which will be organised within 2 weeks. If you do not receive a letter or information about your appointment within a week, please do email us on the address above, contact us on the number below or as a final safety net, get in touch with your referring practitioner for more advice.

We recommend that you travel to your hospital appointment by public transport or taxi if at all possible as parking is very limited. Most local parking is ‘residents only’.

As space is limited in the clinic areas, any friends or relatives coming with you can use the hospital’s café and canteen facilities whilst waiting for you. There are also cafes and shops within walking distance of the hospital.

**Altering your appointment**

If you want to alter or cancel your appointment, please call 020 7794 0500 ext. 31333 (9am- 5pmMonday- Friday).

You can also email your request on: [rf-tr.amdurgentreferral@nhs.net](mailto:rf-tr.amdurgentreferral@nhs.net)

• Along with your Full name

• NHS number

• Contact number

• Date of birth.